



HOW TO USE OUR LIQUIDS



Fill a bottle with at least 300 ml of water.



Pump 10 times (daily dose) into the bottle.



Close the bottle and shake for 15 seconds.



Consume the mixture within 2 hours.

IMPORTANT NOTES

Food supplements should not be used as a replacement for a balanced, varied diet and a healthy lifestyle. The recommended should not be exceeded. Do not exceed the recommended daily intake. Keep out of the reach of children. Not for use by children, adolescents, pregnant or breastfeeding women.