



HOW TO USE OUR LIQUIDS



Fill a Glass of water [200ml].



Draw up the pipette twice [1 ml] and squeeze into it.*



Mixing can be improved by gently stirring with a spoon.



The mixture should be drunk quickly after preparation.

IMPORTANT NOTES

Food supplements should not be used as a replacement for a balanced, varied diet and a healthy lifestyle. The recommended should not be exceeded. Do not exceed the recommended daily intake. Keep out of the reach of children. Not for use by children, adolescents, pregnant or breastfeeding women.

** Please take the dose twice a day (morning and evening).*